

Goal Planner

The Goal:

The Strategy:

Steps to Take:

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Other Notes

GOAL 1:

- 1. _____
- 2. _____
- 3. _____

- 4. _____
- 5. _____
- 6. _____

GOAL 2:

ACTION STEPS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____

GOAL 3:

ACTION STEPS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____

GOAL 4:

ACTION STEPS

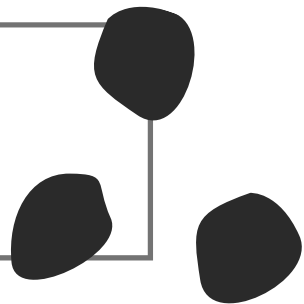
- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____

GOAL 5:

ACTION STEPS

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____

Notes



Monthly Goals

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

SMART Goals

Setting realistic and achievable outcomes.

My goal is:

S
SPECIFIC

What do I want to happen?

M
MEASUREABLE

How will I know when I have achieved my goal?

A
ATTAINABLE

Is the goal realistic and how will I accomplish it?

R
RELEVANT

Why is my goal important to me?

T
TIMELY

What is my deadline for this goal?